SLUKE'S HOSPITAL CENTER







is people





1975 Annual Report









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St. Luke's Hospital Center Amsterdam Avenue at 114 Street New York, N.Y. 10025

(*Executive Committee)

An exciting era

St. Luke's Hospital Center is entering an exciting era which will see us grow stronger and better, and so we are most optimistic about our future. We have the human resources with which to build an even greater Hospital Center. And with the start of the St. Luke's Fund, a major drive for capital and endowment monies, we hope to have greater financial resources to do an even better job in caring for those who come through our doors. In surviving the financial turmoil of the past few years, we have demonstrated that we can maintain our high standards in patient care, teaching and research, while bringing our expenses in line with our income.

Admittedly, 1975 and what we have seen of 1976 have not been easy years for a private voluntary hospital such as ours. We were hit hard by inflation and suffered from unrealistic and delayed reimbursement rates. We also were hurt by a cutback in financial aid to important community health programs by the city and state. Our troubles are compounded by malpractice insurance problems (we are now self-insured) and by ambulatory care costs substantially in excess of most individuals' ability to pay.

We recently skirted the edges of financial disaster. Yet we did survive, financially and medically, by mounting, with the cooperation of the entire St. Luke's family, a massive effort which helped contain our costs while still allowing us to continue all the crucial services our patients needed.

Thus we have kept our heads above water without sacrificing our high standards. Our financial prospects are brighter today than they were a year ago but we must point out that there are very few, if any, additional cost-cutting decisions we can implement that will not seriously hurt patient services. We doubt today, however, that we will have to take further such steps because of our current success in approaching financial equilibrium.

As we look to the future, we would like to reemphasize the goals by which we are charting our general direction as one of the major medical institutions in New York.

In the spring of 1975, St. Luke's marked its 125th anniversary with a conference focusing on the future and concentrating on our opportunities and challenges. Members of the St. Luke's family attended this meeting. Several planning committees, all with a diverse membership, reported on the chief current and future needs of the Hospital Center. Basic to their proposals was the philosophy that St. Luke's would continue to provide the highest quality of patient care and that the Hospital Center would stay at its approximate size while serving the health needs of the Upper West Side community and meeting the specialized teaching requirements of a major hospital center.

It would be well to review the goals set at that meeting by which the future of St. Luke's will be shaped. They are:

- To renew concern for the patient, holding true to both the Hospital Center's traditional concept of receiving patients as "guests in the house" and to the modern principles of medical practice.
- To maintain and upgrade the high quality of our medical teaching program at both the graduate and undergraduate levels.
- To expand, improve and coordinate research projects which at the same time will enhance patient care and teaching. To create this environment, St. Luke's must seek better research facilities, additional funding and a wider dissemination of research activities and achievements.

To achieve these objectives, we believe that above all St. Luke's must remain in business by doing as good a job as possible in controlling costs and in maintaining a proper cash flow.

Second, we recognize that the Hospital Center cannot be "all things to all people." At a minimum, St. Luke's must offer high standards of general basic health care to our surrounding community and to others who wish to use the Hospital Center. Also, we feel that the Hospital Center is equipped to offer tertiary care for specific diseases in which it has gained an expertise through the years. These "centers of excellence" include our research into the causes and treatment of obesity, the work we are doing in



Samuel Gross, who celebrated his one hundredth birthday while an inpatient at St Luke's September 25, 1975, was one of 21,901 patients admitted during the year. A total of 239,704 patient days were recorded, with an average length of stay of eleven days. Our 758 beds had an average occupancy of eighty-six per cent

kidney transplants and hemodialysis, our community-focused alcoholism program, the ploneering surgery St. Luke's has performed in open-heart operations, and our advances in non-invasive diagnostic testing and in orthopedic prosthesis.

Third, we believe that for St. Luke's to continue to strengthen its teaching and clinical research programs much of the money must come from sources outside our operational budget. And, finally, the Hospital Center must replace its outdated and non-conforming beds which are now in buildings that are sixty years old.

With these goals in mind, we have organized The St. Luke's Fund, a three-year effort to raise the necessary resources so that we can fulfill our mission in the years ahead. That campaign for capital and endowment funds was set for launching with a dinner for the family and friends of St. Luke's, December 9, 1976. Beginning at that time, the outlines of the fund drive will be revealed.

We feel confident that The St. Luke's Fund will receive broad-based support not only from our many constituencies but also from foundations and corporations which believe in the future of New York and in major medical institutions such as the Hospital Center. With such support, we will be able to grow in those areas which concern St. Luke's so deeply—the compassionate care of patients, the teaching of medicine, and research into the health sciences.

Lawrence S. Huntington Chairman, Board of Trustees Gary Gambuti Executive Vice President



Dr. John P. West in 1975 received the St. Luke's house staff alumni's Citation of Merit for Distinguished Service to the Hospital Center. A consulting surgeon, he was one of 574 doctors on the St. Luke's attending staff July 1, 1976. Two hundred and seven interns, residents and fellows were on the house staff

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Eugene B. Feigelson, M.D.

Radiology Nathaniel Finby, M.D.

Urology

Russell W. Lavengood Jr., M.D (Acting)

Outpatient Department Clinics

Allergy (adult-child)

Arthritis

Breast

Cardiac (adult-child)

Chest Colposcopy Dental Dermatology Metabolism

Diet Ear, Nose and Throat

Emphysema Endocrine (adult)

Eye

Family Planning

Fracture

Gastrointestinal Gynecology

Gynecology Follow-up Gynecology Tumor Hearing & Speech

Hand Hematology Hypertension

Immunology
Infertility — Endocrinology

Medical

Neurology (adult—child) Neurosurgery

Newborn Follow-up Oncology Orthopedic Pediatric

Pediatric Surgery Plastic and Cleft Palate

Postpartum Prenatal

Pressure Breathing Psychiatry (adult—child) Radiation Therapy

Rectal

Rehabilitation Medicine Special Obstetrics

Surgical T.A.B.

Vulva

Transplantation Urology



These children watching a videotape health education program in a clinic waiting room were among the people of all ages who made a total of 192,248 visits to the Hospital Center's outpatient department in 1975. The Neighborhood Health Services Program recorded another 78,265 visits.



Norris Norfleet topped the cumpfulative hours category at the annual volunteer awards ceremony in 1975. He was one of the 738 volunteers who gave 77,404 hours service to the Hospital Center in 1975.

GIFTS WERE GIVEN IN MEMORY OF THE FOLLOWING:

John P. Athos
Charles E. Barker
C. Reddington Barrett Sr
Mary Carter Beers
Martha W. Bunce
Arthur H. Bunker
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Giving 75

A great source of encouragement during the Hospital Center's continuing fiscal crisis is that we also continue to defy the Stoic sage who warned that "In prosperity it is very easy to find a friend, but in adversity it is the most difficult thing." The number of friends we can count on for support grows steadily, and has increased dramatically in the past few years.

The annual year-end mail appeal, in 1975 addressed to one-third fewer people than the year before, had one-third more gifts! Almost 2700 contributions totaling \$618,737 were received during the Christmas season. They brought contributions for the year to almost two million dollars—3433 gifts totaling \$1,988,727.

Foundations, corporations and churches made substantial contributions during the year—over \$200,000 in the year-end appeal alone. The trustees themselves, physicians, employees and volunteers continued their generous support in 1975. Through their various fund-raising efforts, the St. Luke's auxiliary was responsible for \$53,388 applied to Hospital Center programs, and the Woman's assistant board \$14,432.

Following are the names of many of the generous friends of the Hospital Center who contributed to the needs of St. Luke's and Woman's in 1975. Contributors of one hundred dollars or more are listed by name. While space does not permit listing of the many who gave smaller amounts, our appreciation is none the less great.

That the Hospital Center has been able to maintain its high standards of care in and out of adversity is due largely to the continued interest and loyalty of all of its friends. The board of trustees, on behalf of the St. Luke's "family", gratefully acknowledges this financial assistance.

William J. Kress Mrs. Chin Mei Lai Leonard B. Leeming Maude Leland Hal Lewis John Lickdyke Gavin A. McCuaig B. P. Mc Hugh John McD. McKinney, M.D. **Jean McLaurin** Florence Sims McLean Cedric A. Major Charles E. Merrill Raymond W. Mitchell Nellie Moran Rose P. Morton Robert Nickerson Jose Nieves Mrs. William S. Norton Thomas J. O'Brien Kathleen Powers Annette Rada

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Over \$100,000

Elizabeth Swords Grant
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Estate of Arthur T. Sutcliffe
Samuel J. & Evelyn L. Wood
Foundation

\$50,000 to \$100,000

The Clark Foundation
The Marie Heye Clemens Fund, Inc.
The Charles E. Merrill Trust
Thomas J. Morrison Trust
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\$25,000 to \$50,000

The Ambrose Monell Foundation Florence L. S. Clark Trust The Domestic & Foreign Missionary Society General Foods Corporation The National Multiple Sclerosis Society

\$10,000 to \$25,000

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\$500 to \$1,000

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Minnie Parker Charitable
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Miguel Palma's broken arm accounted for one of the 79,234 visits made to the emergency room in 1975.



John and Genevieve Ryan, who say they ve done everything together in their thirty-seven years of marriage, underwent mitral valve replacements on the same day in 1975. They were among 540 patients who had cardiac surgery during the year. A total of 11,583 surgical procedures were performed, accounting for many of the 8,939 units of whole blood and red cells transfused.

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\$100 to \$500

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Daisy Jordan's hospitalization in 1975 was shortened by continuation of her care at home. She was one of 743 patients admitted to the home care program, which made 14,465 visits in 1975.

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Mrs. William Valentine
Dr. & Mrs. Ian Van Praagh
K. Van Weede
Karel Vettewinkel
Wachtell, Manheim & Grouf
The Waldron Fund
Marion S. Waller



John Moore was among the patients who made 22,963 visits to the Hospital Center's rehabilitation medicine department in 1975. The radiation therapy department performed 6,909 treatments.

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H. A. Watkins
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Henry Ziegler
Mr. & Mrs. Alexander Ziss



Aisha Zakiya Morris (here with parents Mr. and Mrs. "Stevie Wonder") was one of 2,156 babies born at Woman's Hospital in 1975.



Technician Felicia Baio performs one of the 1,795,160 pathology tests done in 1975. Other diagnostic tests included 96,842 x-rays, 2,656 ultrasound examinations, 30,556 electrocardiograms, 1,852 electroencephalograms, and 9,496 nuclear medicine procedures.



Myrtle Fitzpatrick was honored for thirty-five years' service to St. Luke's at our 1975 employee service awards dinner. The Hospital Center had 3,287 employees on staff September 1, 1976.

Finances 1975

St. Luke's 125th anniversary year was a financially historic one: the Hospital Center survived the severest fiscal crisis in its history. Years of providing below-cost outpatient care drained off reserves built up over decades. With government relief denied, the Hospital Center had to set its own remedial course: new fee schedules and free-visit limits were set for self-paying outpatients to narrow the gap between revenues and costs for their care; below-cost care was limited to residents of the Hospital Center's catchment area; outpatient department costs were cut with a reduction in the clinic work force.

This dramatic action met resistance—from stall, patients and government agencies. However, patients found ways to meet the new requirements and only a handful were asked or decided themselves to seek care elsewhere. New York City at first held St. Luke's ineligible for "Ghetto Medicine" funds, but then reached a compromise with the Hospital Center that was copied throughout the City.

While outpatient losses were reduced significantly, other losses increased. Revised reimbursement rates for inpatient services increased revenues significantly, despite a slight decline in occupancy. But inflation continued to push costs ahead of reimbursements, resulting in a loss from inpatient services that exceeded the previous year's.

Exercising for the second time a provision of New York State's not-for-profit corporation law, the Hospital Center appropriated, from unrestricted endowments, funds representing realized investment gains. Borrowings secured by funds similarly appropriated in 1974 allowed the Hospital Center to meet its 1975 obligations while incurring a final net deficit of \$2.8 million.

Copies of the detailed auditors' statement are on file at the Hospital Center.

St. Luke's Hospital Center

Statement of Revenues and Expenses of Unrestricted Funds

	Year ended December 31,	
	1975	1974
PATIENT SERVICE REVENUE		
Inpatients	\$58,768,582	\$46,521,752
Clinic and emergency room patients	12,321,536	12,385,751
Private ambulatory patients	374,485	661,106
Home care patients	485,894	313,953
Newborn	2,075,893	1,452,650
Less:	74,026,390	61 335,212
Contractual allowances	9,485,801	7,254,478
Other allowances	3,024,358	3,845,394
Provision for uncollectible accounts	5,550,934	2,529,896
	18,061,093	13,629,768
Net patient service revenue	55,965,297	47,705,444
OTHER OPERATING REVENUE:		
New York City Ghetto Medicine appropriations	1,131,350	1,274,350
New York City Community Mental Health Board	735,629	811,259
Cafeteria and hospitality shops	498,244	458,015
Rents and commissions	450,988	403,472
Expenses recovered from other funds	4,050,567	2,891,159
Columbia University Clinic	87,997	128,222 338,904
Other	402,744	
Total engrating revenue	7,357,519	6,305,381 54,010,825
Total operating revenue	63,322,816	34,010,023
OPERATING EXPENSES:		
Salaries and wages	42,209,469	37,690,659
Supplies and expenses	25,479,733	21,259,575
Depreciation	2,312,239	2,328,937
Interest expense	381,488	330,806
	70,382,929	61,609,977
Loss from operations	7,060,113	7,599,152
NONOPERATING REVENUE (Net):		4.266.504
Income from invested funds	1,100,843	1,266,521
Contributions for general purposes.	359,602	437,394
Legacies for general purposes	2,360,091	690,102
Gain/(Loss) on sale of securities	(4,296)	321,561 (970,000)
Recovery of/(Provision for) unrealized loss on securities	138,300	(231,932)
Nonoperating expense	3,954,540	1,513,646
EXCESS OF EXPENSES OVER REVENUES	(3,105,573)	(6,085,506)
Appropriation from endowment funds	259,660	8,872,609
EXCESS OF EXPENSES OVER REVENUES AND APPROPRIATIONS	\$ 2,845,913	
EXCESS OF REVENUES AND APPROPRIATIONS OVER EXPENSES		\$ 2,787 103

St. Luke's Hospital Center Balance Sheet

	December 31,	
Assets	1975	1974
	UNREST	RICTED
CURRENT ASSETS:		
Cash	\$ 295,329	\$ 61,288
Marketable securities (quoted market \$3,013,000 [1975] and \$129,000 [1974]	3,013,125	156,050
for uncollectible accounts of \$6,611,000 [1975] and \$4,555,000 [1974] Due from restricted funds	9,912,116 –	9,442,994 1,449,092
Other receivables	1,402,281	1,553,469
Inventories of materials and supplies—at cost	588,891	581,755
Prepaid expenses.	145,533	42,297
TOTAL CURRENT ASSETS	15,357,275	13,286,945
OTHER ASSETS:		
Cash	8,069	617
Marketable securities, less allowances for unrealized losss of		
\$813,000 [1975] and \$970,000 [1974]—carrying value approximates market	4,478,271	2,723,731
Property, plant and equipment—at cost, less accumulated depreciation	32,300,688 142,587	33,450,181 81,526
Construction in progress	36,929,615	36,256,055
	\$52,286,890	\$49,543,000
	REST	RICTED
SPECIFIC PURPOSE FUNDS:		
Cash	\$ 102	\$ —
Marketable securities (quoted market \$2,363,000 in 1975)	2,404,198 1,559,533	- 1,214,846
Due from unrestricted funds	592,837	3,496,068
	\$ 4,556,670	\$ 4,710,914
PLANT REPLACEMENT FUND:		7 (20
Cash	\$ 147	\$ 7,628
\$2,444,000 in 1974	3,482,610	3,259,608
Due from unrestricted funds	\$ 3,482,757	927,449 \$ 4,194,685
ENDOWMENT FUNDS: General and restricted endowments:		
Cash	\$ 76,812	\$ 137,316
\$19,963,000 in 1974	19,061,107	22,223,328
Real estate investment—at cost, less accumulated depreciation	742,290	764,829
Cash surrender value of life insurance	2 020 012	149,400 3,030,912
Due from unrestricted funds	3,030,912 22,911,121	26,305,785
The A. Van Horne Stuyvesant Memorial Fund:		
Cash	193	13,380
\$4,286,000 in 1974	4,581,544	6,356,536
Property, plant and equipment—at cost, less accumulated depreciation	2,046,113	2,110,052
	6,627,850	\$34,785,753
	<u>\$29,538,971</u>	334,/03,/33

	Decembe	mber 31,	
Liabilities and Fund Balances	1975	1974	
FUNDS			
CURRENT LIABILITIES:			
Notes payable	\$ 4,000,000	\$ 1,500,000	
Accounts payable	4,615,801	4,060,376	
Accrued salaries and payroll taxes	1,252,598 1,227,000	1,628,089	
Due to third-party agencies	108,212	161,490	
Current installment of long-term debt	25,000	25,000	
Due to restricted funds	590,792	_	
Other liabilities	866,883	920,336	
TOTAL CURRENT LIABILITIES	12,686,286	8,295,2 9 1	
LONG-TERM DEBT: Loan payable	200,000	225.000	
Due to restricted funds	3,030,912	3,030,912	
	3,230,912	3,255,912	
FUND BALANCES:			
General fund	30,090,651	27,438,276	
Board-designated funds: Unrestricted reserve	1,876,726	1,876,726	
Other unrestricted	4,402,315	8,676,795	
	\$52,286,890	\$49,543,000	
FUNDS			
SPECIFIC PURPOSE FUNDS:			
Fund balances:			
Unexpended income from restricted endowment funds	\$ 473,696	\$ 1,139,622	
Unexpended donations for designated purposes	4,082,974	3,571,292	
	\$ 4,556,670	\$ 4,710,914	
PLANT REPLACEMENT FUND:			
Due to unrestricted funds	\$ 2,045	\$	
Fund balance	3,480,712	4,194,685	
	\$ 3,482,757	\$ 4,194,685	
ENDOWMENT FUNDS:			
General and restricted endowments:			
Due to unrestricted funds	\$ —	\$ 4,047,681	
Fund balances:	11 (02 222	11 376 000	
General endowment funds	11,682,322 8,238,907	11,276,800 8,360,806	
Restricted donations functioning as endowments	2,989,892	2,620,498	
	22,911,121	26,305,785	
The A. Van Horne Stuyvesant Memorial Fund:		4.001.000	
Due to unrestricted funds	- 6,627,850	1,824,928 6,655,040	
	6,627,850	8,479,968	
	\$29,538,971	\$34,785,753	
		,, 55,, 55	

We are a voluntary non-profit hospital serving those who come as "guests in our house." We are able to do this because of the dedication of our staff and because our many friends through the years have helped St. Luke's with gifts. These gifts allow us to care for the ill and the needy, to teach the doctors of tomorrow, and to pursue important research.

The need for contributions becomes greater each year as the demand for the very best in medical care increases and as the cost of providing that care continues to rise. We would like to point out that we look for continued support from old friends and for additional support from new ones to maintain our excellence as a hospital and to build on that excellence for the future.

There are various ways in which you may make a contribution to St. Luke's. The current tax laws incorporate a number of incentives that support nonprofit charitable organizations such as the Hospital Center. Federal and State laws provide, within certain legal limitations, that gifts to St. Luke's by individuals or corporations are exempt from income, gift and inheritance taxes. Such gifts may be made to St. Luke's in the form of cash, securities, or property, or by bequest.

Information on giving opportunities may be obtained from the Development Office at St. Luke's. Gifts by check should be made payable to St. Luke's Hospital Center and sent to:

Development Office St. Luke's Hospital Center Amsterdam Avenue at 114th Street New York, New York 10025



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ST. LUKE'S HOSPITAL CENTER

is accredited by: The Joint Commission on Accreditation of Hospitals

is affiliated with:
Columbia University
School of Dental and Oral Surgery
School of Nursing
The College of Physicians and Surgeons

is a member of:

The American Association of Medical Colleges, Council of Teaching Hospitals The American Hospital Association

is a member of:

The Hospital Association of New York State The Greater New York Hospital Association The United Hospital Fund United Fund of Greater New York Welfare Council of the City of New York

is a participating hospital in the master plan for hospitals and related facilities of The Health and Hospital Planning Council of Southern New York

is approved for intern and/or resident training in the specialties as follows:
Anesthesiology, Cardiology, Psychiatry,
Dentistry, Dermatology, Internal Medicine,
Obstetrics and Gynecology, Ophthalmology,
Oral Surgery, Orthopedic Surgery,
Otolaryngology, Pathology, Pediatrics,
Plastic Surgery, Psychiatry, Radiology,
Surgery, Urology.

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